

Product Information BulletinCanadian Harvest® Oat Fiber 610

Features and Benefits

- Delivers a very good "all purpose" fiber
- Has moderate water absorption
- Is excellent for fiber enriched baked goods
- Increases yield in standardized and non-standardized meat products

Applications

Breads

goods

Pasta

Nutrition bars

- Bakery mixes
 - Reduced fat baked
- Tortillas

Ground meat

Nutritional Information

(Typical Analysis per 100g)

Calories ¹	19.66
Calories from Fat	2.34
Total Fat	0.26 g
Saturated Fat	0.10 g
Monounsaturated Fat	0.10 g
Polyunsaturated Fat	0.04 g
Trans Fatty Acids	0 g
Cholesterol	0 g
Sodium	146.00 mg
Total Carbohydrate	92.00 g
Dietary Fiber	91.80 g
Insoluble Fiber	88.31 g
Soluble Fiber	3.49 g
Sugars	0 g
Protein	0.64 g
Vitamin A	0 IU
Vitamin C	0 mg
Calcium	42.10 mg
Iron	3.70 mg
Magnesium	35.10 mg
Phosphorus	9.20 mg
Potassium	10.10 mg
Water	4.52 g
Ash	2.58 g

SunOpta Ingredients Group

Toll-free: 800 353 6782

¹ Calculated to meet FDA labeling regulations (Atwater 4-4-9)

Physical Properties

(Typical Analysis)

	610
Color	Creamy White
Flavor	Bland
Aroma	Neutral
Moisture	7.0 % Max
pH	6.0-7.0
Water Absorption ²	450 %
Bulk Density (packed) lbs/cu ft (g/cc)	18-30 (0.29 - 0.48 g/cc)
Particle Size Distribution ³	
On U.S. 100 Sieve (0.15 mm)	5 %
On U.S. 200 Sieve (0.075 mm)	25 %

Microbiological Analysis

Aerobic Plate Count / gram	<10,000
Yeast and Mold / gram	<100
Salmonella / 750 gram	Negative
E. coli / gram (MPN)	<0.30
	(nd < 0.30)
Coliforms / gram (MPN)	<10

Regulatory Compliance

Regulatory compliance is based on U.S. standards unless otherwise noted.

Ingredient Declaration:

FDA Regulated Foods: Oat Fiber

USDA Regulated Foods: Oat Fiber or Oat Hull Fiber – For use in standardized and

non-standardized meats, where binders are allowed

Non GMO Kosher GRAS

Allergens: None

Packaging and Storage

Oat Fiber is packaged in 50 lb. poly-lined Kraft bags.

Storage under federal GMP guidelines will ensure a two year shelf life.

The information contained herein is to the best of our knowledge, correct. The typical data outlined and the statements herein are intended as a source of general information. No warranties, expressed or implied, are made. It is recommended that this product undergo laboratory evaluations prior to use in a finished product. The information contained herein should not be construed as permission for violation of patent rights.

PIB CH Oat Fiber 610, Rev. Date 04.01.13

² Centrifuge method available upon request.

Toll-free: 800 353 6782

SunOpta Ingredients Group

www.sunopta.com/ingredients

³ Alpine Airjet Sieve using U.S. Std. Mesh Sieves. Operators Manual for Alpine Jet Sieve, Alpine American (25g/3 min)